



## Art, Beauty & Inspiration from a Catholic Perspective

Maryvale are pleased to be able to extend an open invitation to anyone interested in attending one or more of our Saturday study days on art, catechesis and spirituality. You do not need to sign up for a course or write an essay - or be an artist or an academic - simply book a place - and come along to listen to our expert speakers - the days include the celebration of Mass at noon followed by a hot lunch cooked by our wonderful Bridgettine Sisters. Each study day starts at 10am and will finish by 4pm - cost is £15 per day.

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**Study day 2 - Sr. Sheila Gosney RJM - 10th March 2018**

### **Creativity and Spirituality**

Sr. Sheila holds a Doctorate in Education and a Masters in Creative Education. She studied at Regina Mundi in Rome in spirituality, and at the Angelicum University Rome specialised in the 16th century mystics St. Teresa of Avila and St. John of the Cross. Sr. Sheila also trained at the London spirituality centre in spiritual direction and retreat giving, and works in the creative retreat ministry and runs workshops in the creative arts. She is a professional artist and has published her sacred art over the years.

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**Study day 3 - Dr. Mary Beal - 9th June 2018**

**Art: The Light versus the Dark. A challenging look. (Luke 21:5-6, John 2:19)**

Dr. Mary Beal is an art historian and a former curator of works of art at the UK Government Art Collection.

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Places are limited so to be sure to book as soon as you can!

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