

A DAY of PRAYER, REFLECTION and RENEWAL

at

Belmont Abbey



**Lift up
Your
Hearts**

**Saturday
2nd June**

Dom Matthew Carney

**A Day of Recollection for
Extraordinary Ministers
of Holy Communion; for
prayer, reflection and
renewal.**



Lead by

Dom Matthew Carney

10 am to 4 pm

Tea and coffee provided

Bring your own lunch

Suggested donation

£8

Travel by coach £12 from

St Wulstan's

or share a car for the 68

mile round trip.

It is not too late to register your interest by adding your name and phone number to the others on the form at the back of church.

(and you don't have to be a Eucharistic Minister to enjoy the day)